

Section 8A Subsection 31 - 5/25/2017

Track and Field Championship

Roseau High School

Results

Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Zoe Russillo	10	Red Lake Cou	13.11 10
2 Kelby Goulet	11	Warroad	13.16 8
3 Sophie Helgeson	8	Roseau	13.30 6
4 Shelby Pankratz	9	Kittson-Cent	13.65 5
5 Marlee Turn	9	Kittson-Cent	13.69 4
6 Ivy Edwards	9	Fisher	13.77 3
7 AJ Jones	9	Red Lake Cou	14.22 2
8 Teagen Carlstrom	11	Crookston	14.22 1
9 McKenna Peterson	8	Kittson-Cent	14.25
10 Liberty Johnson	10	Grygla-Gatzk	14.35
11 Kayla Santl	9	Roseau	14.40
12 Jill Borowicz	10	West Marshal	14.44
13 Savannah Lussier	9	Warroad	14.46
14 Sydney Saylor	9	East Grand F	14.48
14 Kayla Stahlecker	12	Crookston	14.48
16 Nikki Alarus	8	Roseau	14.59
17 Halle Carpenter	8	East Grand F	14.62
18 Sydney St. Germain	10	West Marshal	14.64
19 Emily Wicklund	12	BGMR/Freeze	14.88
20 Brittney Hamre	10	West Marshal	14.90
21 Angel Phommachan	10	Warroad	14.91
22 Hannah Tahrn	9	Crookston	14.96
23 Kinley Anderson	8	East Grand F	14.97
24 Imari Crayton	10	Fisher	14.99
25 Trinity Walseth	8	Grygla-Gatzk	16.42
26 Shayla Lallier	11	Red Lake Cou	16.94

Girls 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Kelby Goulet	11	Warroad	27.27 10
2 Sophie Helgeson	8	Roseau	27.67 8
3 Zoe Russillo	10	Red Lake Cou	27.85 6
4 Abigail McGlynn	10	West Marshal	28.82 5
5 Sarah McFarlane	9	Warroad	28.86 4
6 Ella Helgeson	10	Roseau	29.34 3
7 Celine Stroot	7	Roseau	29.36 2
8 Sydney Saylor	9	East Grand F	29.71 1
9 Lexi Turn	12	Kittson-Cent	29.78
10 McKenna Peterson	8	Kittson-Cent	30.53
11 Catherine Thompson	8	Warroad	30.53
12 Sydney St. Germain	10	West Marshal	30.62
13 Breanna Olson	10	East Grand F	30.78
14 Rylee Solhiem	7	Crookston	31.04
15 Elizabeth Gabrielson	7	East Grand F	31.05
16 Hailey Spivey	10	Crookston	31.10
17 Andi Strege	10	Kittson-Cent	31.36
18 Kate Macgregor	11	Crookston	31.83
19 Mercedes Coan	10	Grygla-Gatzk	32.01
20 Imari Crayton	10	Fisher	32.17
21 AJ Jones	9	Red Lake Cou	34.14

22 Trystan Jelle	11	Grygla-Gatzk	34.32
23 Hannah Hollcraft	11	Fisher	35.33
24 Abby Walton	9	Red Lake Cou	39.56
--- Trinity Walseth	8	Grygla-Gatzk	SCR
--- Kinsey Beauclair	10	West Marshal	SCR

Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Kelby Goulet	11	Warroad	59.55 10
2 Emma Borowicz	8	Crookston	1:02.80 8
3 Sophie Helgeson	8	Roseau	1:03.37 6
4 Madeleine Bleess	10	Warroad	1:04.53 5
5 Luisa Bernia	11	Crookston	1:05.09 4
6 Kjerstin Nelson	7	Red Lake Cou	1:06.39 3
7 Eliana Bleess	8	Warroad	1:06.44 2
8 Rylie Mortimer	9	West Marshal	1:06.87 1
9 Aaliyah Creekmore	9	BGMR/Freeze	1:06.93
10 Ella Helgeson	10	Roseau	1:06.97
11 Oksana Kroese	9	East Grand F	1:07.15
12 Hailey Spivey	10	Crookston	1:07.26
13 Kinley Anderson	8	East Grand F	1:08.89
14 Hollie Knott	8	Red Lake Cou	1:09.41
15 Rachel Schmiedeberg	7	Kittson-Cent	1:09.69
16 Bella Sands	9	East Grand F	1:10.61
17 Jodi Ostroski	10	Roseau	1:10.67
18 Clara Girdler	8	Red Lake Cou	1:11.94
19 Haylee Kaul	10	Kittson-Cent	1:14.11

Girls 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Hayden Winjum	7	Crookston	2:29.06 10
2 Katherine Geist	9	Crookston	2:30.05 8
3 Kjerstin Nelson	7	Red Lake Cou	2:33.43 6
4 Katie Borowicz	8	Roseau	2:34.90 5
5 Kate Helgeson	8	Roseau	2:37.36 4
6 Maddie Weberg	11	West Marshal	2:38.23 3
7 Mckenna Garrett	10	East Grand F	2:39.24 2
8 Luisa Bernia	11	Crookston	2:39.43 1
9 Rachel Hatcher	12	Fisher	2:40.01
10 Julia Braaten	8	Roseau	2:43.01
11 Morgan Olson	9	Kittson-Cent	2:44.44
12 Livia Pesch	11	East Grand F	2:45.53
13 Kasumi Lee	8	East Grand F	2:47.41
14 Madison Cullen	8	Grygla-Gatzk	2:48.04
15 Clara Girdler	8	Red Lake Cou	2:49.71
16 Greta Weberg	7	West Marshal	2:50.45
17 Madeleine Bleess	10	Warroad	2:53.07
18 Peyton Estling	7	Warroad	2:57.16
19 Olivia Sjostrand	7	Kittson-Cent	2:57.93
20 Claire Hane	11	Kittson-Cent	3:04.01
21 Olivia Brazier	8	BGMR/Freeze	3:12.80
22 Valla O'Laughlin	10	Warroad	3:18.21

Section 8A Subsection 31 - 5/25/2017

Track and Field Championship

Roseau High School

Results

Girls 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Mckenna Langerud	10	East Grand F	5:43.64 10
2 Emma Brunelle	12	Warroad	5:45.04 8
3 Cassidy Lizakowski	12	West Marshal	5:48.43 6
4 Macy Haugen	7	West Marshal	5:56.07 5
5 Rebecca Heppner	10	Warroad	5:56.10 4
6 Reese Strand	10	Roseau	6:02.29 3
7 Casey Osowski	7	West Marshal	6:04.14 2
8 Mariah Huglen	8	Roseau	6:12.87 1
9 Gracie Coulter	9	East Grand F	6:19.32
10 Amelia Overgaard	7	Crookston	6:25.36
11 Maria Kroeber	9	Fisher	6:32.47
12 Ashley Olson	8	BGMR/Freeze	6:36.13
13 Brinna Egeland	9	Crookston	6:37.92
14 Josie Steen	9	Kittson-Cent	6:44.32
15 Madison Hoiland	7	Crookston	6:56.00
16 Karina Fredrickson	11	Roseau	7:07.18

Girls 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Ellie Nelson	11	Roseau	12:11.75 10
2 Emma Brunelle	12	Warroad	12:27.79 8
3 Marin Garrett	8	East Grand F	12:32.43 6
4 Thea Oman	10	Crookston	13:02.86 5
5 Quincie Floden	8	East Grand F	13:14.81 4
6 Morgan Kovar	7	East Grand F	13:21.06 3
7 Brooke Olson	7	BGMR/Freeze	13:34.37 2
8 Macy Haugen	7	West Marshal	13:41.50 1
9 Casey Osowski	7	West Marshal	13:45.96
10 Rebecca Heppner	10	Warroad	13:50.87
11 Maria Kroeber	9	Fisher	14:15.08
12 Audrey Harbott	9	Crookston	14:56.71
13 Ranae Pageler	12	West Marshal	17:43.16

Girls 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Maddie Jerome	12	Roseau	16.53 10
2 Aleece Durbin	11	Crookston	16.74 8
3 Makenzie Williams	10	Red Lake Cou	17.03 6
4 Avery Kovar	10	East Grand F	17.40 5
5 Kandis Krantz	12	West Marshal	17.41 4
6 Emily Pederson	8	West Marshal	17.95 3
7 Megan LaCrosse	11	Red Lake Cou	17.97 2
8 Ashley Longtin	12	Red Lake Cou	17.98 1
9 Breanna Kressin	7	Crookston	17.98
10 Savannah Vasek	10	East Grand F	18.37
11 Katelyn Wagner	11	Crookston	18.38
12 Dezi Bushaw	9	East Grand F	18.45
13 Elizabeth Grove	11	Warroad	18.59
14 Rylie Bjerklie	9	Roseau	18.80

15 Emma Barth	7	BGMR/Freeze	20.50
16 Greta Novacek	10	BGMR/Freeze	20.67
17 Avianna Heppner	7	Warroad	23.42

Girls 300 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Maddie Jerome	12	Roseau	46.64 10
2 Aleece Durbin	11	Crookston	47.96 8
3 Ivy Edwards	9	Fisher	49.55 6
4 Shelby Pankratz	9	Kittson-Cent	49.60 5
5 Kandis Krantz	12	West Marshal	51.02 4
6 Megan LaCrosse	11	Red Lake Cou	51.70 3
7 Rylie Bjerklie	9	Roseau	51.82 2
8 Maddi Mitzel	9	Fisher	51.95 1
9 Katelyn Wagner	11	Crookston	53.54
10 Avery Kovar	10	East Grand F	55.12
11 Dezi Bushaw	9	East Grand F	55.12
12 Breanna Kressin	7	Crookston	55.54
13 Madison Derosier	11	Red Lake Cou	55.80
14 Halle Carpenter	8	East Grand F	56.11
15 Julia Bernstein	10	Red Lake Cou	57.66
16 Avianna Heppner	7	Warroad	58.43
17 Elizabeth Grove	11	Warroad	58.52
18 Greta Novacek	10	BGMR/Freeze	1:02.01
19 Greta Lee	7	BGMR/Freeze	1:04.43

Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Red Lake County		51.62 10
1) AJ Jones 9	2) Julia Bernstein 10	
3) Makenzie Williams 10	4) Zoe Russillo 10	
2 West Marshall		53.34 8
1) Jill Borowicz 10	2) Emily Pederson 8	
3) Maddie Weberg 11	4) Abigail McGlynn 10	
3 Kittson-Central		53.74 6
1) Shelby Pankratz 9	2) Andi Strege 10	
3) Lexi Turn 12	4) Marlee Turn 9	
4 Roseau		53.98 5
1) Celine Stroot 7	2) Kiley Borowicz 12	
3) Lindsey Santl 12	4) Ella Helgeson 10	
5 East Grand Forks		54.10 4
1) Savannah Vasek 10	2) Laura Farder 9	
3) Sydney Saylor 9	4) Tiffany Hanson 11	
6 Crookston		55.84 3
1) Teagen Carlstrom 11	2) Rylee Solhiem 7	
3) Esperanza Rodriguez 11	4) Kayla Stahlecker 12	
7 Warroad		57.45 2
1) Savannah Lussier 9	2) Angel Phommachan 10	
3) Nevaeh Sabouathone 9	4) August Bushy 9	
8 BGMR/Freeze		58.90 1
1) Emma Barth 7	2) Emily Wicklund 12	
3) Greta Novacek 10	4) Anna Ueland 7	

Section 8A Subsection 31 - 5/25/2017

Track and Field Championship

Roseau High School

Results

Finals ... (Girls 4x100 Meter Relay)

Team	Relay	Finals
9 Grygla-Gatzke		58.91
1) Chloe Kuznia 8	2) Morgan Burns 9	
3) Mercedes Coan 10	4) Liberty Johnson 10	

Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Roseau		1:53.01 10
1) Kiley Borowicz 12	2) Kacie Borowicz 10	
3) Lindsey Santl 12	4) Celine Stroot 7	
2 East Grand Forks		1:53.09 8
1) Elizabeth Gabrielson 7	2) Avery Kovar 10	
3) Tiffany Hanson 11	4) Laura Farder 9	
3 West Marshall		1:54.40 6
1) Kailyn Hrynshyn 12	2) Kandis Krantz 12	
3) Sydney St. Germain 10	4) Abigail McGlynn 10	
4 Warroad		1:56.43 5
1) Catherine Thompson 8	2) Eliana Bleess 8	
3) Savannah Lussier 9	4) Sarah McFarlane 9	
5 Kittson-Central		1:56.83 4
1) Andi Strege 10	2) Morgan Olson 9	
3) Lexi Turn 12	4) Marlee Turn 9	
6 Crookston		1:56.86 3
1) Teagen Carlstrom 11	2) Hailey Spivey 10	
3) Rylee Solhiem 7	4) Esperanza Rodriguez 11	
7 BGMR/Freeze		2:02.95 2
1) Emma Barth 7	2) Emily Wicklund 12	
3) Anna Ueland 7	4) Aaliyah Creekmore 9	
8 Grygla-Gatzke		2:04.77 1
1) Chloe Kuznia 8	2) Trinity Walseth 8	
3) Madison Cullen 8	4) Morgan Burns 9	

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Roseau		4:13.42 10
1) Kiley Borowicz 12	2) Lindsey Santl 12	
3) Maddie Jerome 12	4) Kacie Borowicz 10	
2 Crookston		4:13.53 8
1) Aleece Durbin 11	2) Katherine Geist 9	
3) Emma Borowicz 8	4) Hayden Winjum 7	
3 East Grand Forks		4:23.49 6
1) Laura Farder 9	2) Tiffany Hanson 11	
3) Kinley Anderson 8	4) Mckenna Langerud 10	
4 Fisher		4:26.28 5
1) Ivy Edwards 9	2) Rachel Hatcher 12	
3) Maddi Mitzel 9	4) Jessica Remer 10	
5 Warroad		4:39.37 4
1) Madeleine Bleess 10	2) Sarah McFarlane 9	
3) Eliana Bleess 8	4) Elizabeth Grove 11	
6 Red Lake County		4:42.23 3
1) Clara Girdler 8	2) Madison Derosier 11	
3) Kjerstin Nelson 7	4) Julia Bernstein 10	

7 West Marshall		4:47.14 2
1) Cassidy Lizakowski 12	2) Rylie Mortimer 9	
3) Greta Weberg 7	4) Kailyn Hrynshyn 12	
8 BGMR/Freeze		4:53.38 1
1) Anna Ueland 7	2) Greta Lee 7	
3) Ashley Olson 8	4) Aaliyah Creekmore 9	

Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 East Grand Forks		10:02.37 10
1) Mckenna Garrett 10	2) Gracie Coulter 9	
3) Marin Garrett 8	4) Mckenna Langerud 10	
2 Crookston		10:04.95 8
1) Thea Oman 10	2) Katherine Geist 9	
3) Emma Borowicz 8	4) Hayden Winjum 7	
3 Roseau		10:35.83 6
1) Kate Helgeson 8	2) Katie Borowicz 8	
3) Reese Strand 10	4) Jodi Ostroski 10	
4 West Marshall		11:10.35 5
1) Maddie Weberg 11	2) Cassidy Lizakowski 12	
3) Greta Weberg 7	4) Kailyn Hrynshyn 12	
5 BGMR/Freeze		12:15.48 4
1) Ashley Olson 8	2) Brooke Olson 7	
3) Olivia Brazier 8	4) Greta Lee 7	
6 Warroad		12:29.93 3
1) Kamara Brunelle 10	2) Ashley Johnson 12	
3) Peyton Estling 7	4) Hannah Corneliusen 9	

Girls High Jump

Name	Yr	School	Finals
Finals			
1 Ashley Longtin	12	Red Lake Cou	5-02.00 10
2 Jenna Porter	12	Crookston	4-10.00 8
3 Kate Helgeson	8	Roseau	4-08.00 5.5
3 Kylie Hanson	8	West Marshal	4-08.00 5.5
5 Ashley Olson	8	BGMR/Freeze	4-08.00 4
6 Kacie Borowicz	10	Roseau	4-08.00 2.5
6 Jessica Remer	10	Fisher	4-08.00 2.5
8 Livia Pesch	11	East Grand F	4-08.00 1
9 Holly Steer	11	West Marshal	4-06.00
9 Makenzie Williams	10	Red Lake Cou	4-06.00
11 Rylie Bjerklie	9	Roseau	4-06.00
12 Shelby Durand	9	West Marshal	4-04.00
12 Oksana Kroese	9	East Grand F	4-04.00
14 Katelyn Wagner	11	Crookston	4-04.00
15 Hannah Hollcraft	11	Fisher	4-04.00
16 Mckenna Garrett	10	East Grand F	4-04.00
17 Mallori Davis	12	Kittson-Cent	4-02.00
17 Rachel Schmiedeberg	7	Kittson-Cent	4-02.00
19 Madison Hoiland	7	Crookston	4-02.00
--- Tereza Hrubá	9	Warroad	NH
--- Julia Bernstein	10	Red Lake Cou	NH
--- Catherine Thompson	8	Warroad	NH

Section 8A Subsection 31 - 5/25/2017

Track and Field Championship

Roseau High School

Results

Girls Pole Vault

Name	Yr	School	Finals
Finals			
1 Katie Borowicz	8	Roseau	9-04.00 10
2 Mikayla Bolduc	10	West Marshal	8-04.00 8
3 Sophie Helgeson	8	Roseau	7-04.00 6
4 Kandis Krantz	12	West Marshal	6-10.00 5
5 Chelsey Afshari	9	East Grand F	6-10.00 4
6 Teagen Carlstrom	11	Crookston	6-10.00 3
7 Elizabeth Gabrielson	7	East Grand F	6-04.00 2
8 Emily Jensen	9	Warroad	6-04.00 1
9 Kamara Brunelle	10	Warroad	6-04.00
--- Kinzie Gullikson	10	West Marshal	NH

Girls Long Jump

Name	Yr	School	Finals
Finals			
1 Aleece Durbin	11	Crookston	16-06.00 10
2 Jill Borowicz	10	West Marshal	15-09.50 8
3 Maddie Jerome	12	Roseau	15-04.50 6
4 Megan LaCrosse	11	Red Lake Cou	15-03.50 5
5 Oksana Kroese	9	East Grand F	15-03.00 4
6 Hayden Winjum	7	Crookston	15-02.50 3
7 Emily Pederson	8	West Marshal	14-10.25 2
8 Kacie Borowicz	10	Roseau	14-09.75 1
9 Shelby Pankratz	9	Kittson-Cent	14-09.00
10 Aaliyah Creekmore	9	BGMR/Freeze	14-04.75
11 Morgan Olson	9	Kittson-Cent	14-03.50
12 Rylie Mortimer	9	West Marshal	14-02.00
13 AJ Jones	9	Red Lake Cou	13-08.25
14 Savannah Lussier	9	Warroad	13-05.75
15 Clara Girdler	8	Red Lake Cou	13-03.50
16 Jenna Porter	12	Crookston	13-03.25
17 Kassidy Jordheim		East Grand F	12-11.25
18 Julia Braaten	8	Roseau	12-10.50
19 McKenna Peterson	8	Kittson-Cent	12-08.25
20 Tiffany Hanson	11	East Grand F	12-03.00
21 Elizabeth Grove	11	Warroad	12-00.25

Girls Triple Jump

Name	Yr	School	Finals
Finals			
1 Abigail McGlynn	10	West Marshal	34-11.00 10
2 Oksana Kroese	9	East Grand F	32-09.25 8
3 Jill Borowicz	10	West Marshal	32-04.75 6
4 Avery Kovar	10	East Grand F	31-03.00 5
5 Emily Pederson	8	West Marshal	30-08.00 4
6 Andi Strege	10	Kittson-Cent	30-03.25 3
7 Megan LaCrosse	11	Red Lake Cou	30-02.00 2
8 Jenna Porter	12	Crookston	29-09.75 1
9 Breanna Olson	10	East Grand F	29-08.25
9 Trystan Jelle	11	Grygla-Gatzk	29-08.25
11 Emily Wicklund	12	BGMR/Freeze	29-03.50
12 Katelyn Wagner	11	Crookston	28-11.50

13 Ashley Longtin	12	Red Lake Cou	28-06.00
14 Tereza Hrubá	9	Warroad	28-01.25
15 Makenzie Williams	10	Red Lake Cou	28-00.50
16 Angel Phommachan	10	Warroad	27-11.00
17 Hannah Tahrán	9	Crookston	27-05.75
18 Julia Braaten	8	Roseau	27-05.00
19 Hallie Nupdal	11	Kittson-Cent	26-07.50
20 August Bushy	9	Warroad	25-02.00

Girls Shot Put

Name	Yr	School	Finals
Finals			
1 Mckayla Christianson	11	Roseau	34-09.75 10
2 Harley Barlow	12	Crookston	33-11.25 8
3 Deborah Haugen	12	West Marshal	33-10.75 6
4 Kiley Borowicz	12	Roseau	33-02.50 5
5 Brita Fagerlund	12	Crookston	32-03.75 4
6 Abbey Johnson	10	West Marshal	32-01.50 3
7 Faith Porter	10	West Marshal	31-10.25 2
8 Ellie Vonesh	12	East Grand F	31-03.00 1
9 Vivian Coan	8	Grygla-Gatzk	27-00.50
10 Maggie Crossin	11	Roseau	26-07.50
11 Valla O'Laughlin	10	Warroad	26-03.00
12 Shelby Wesolowski	9	East Grand F	25-03.00
13 Katelyn Crowe	12	Warroad	25-02.00
14 Leo Bring	7	BGMR/Freeze	23-02.75
15 Sami Learn	12	Crookston	23-01.25
16 Alexis Green	12	East Grand F	22-07.75
17 Hollie Knott	8	Red Lake Cou	21-07.75
18 Montana Knoll	9	Kittson-Cent	21-04.00
19 Jolene Nelson	12	BGMR/Freeze	20-06.00
20 Madison Derosier	11	Red Lake Cou	20-05.75
21 Shayle Turner	9	Warroad	20-04.00
22 Abby Walton	9	Red Lake Cou	19-09.75
23 Nicole Geisser	12	BGMR/Freeze	19-02.00
24 Mataya Sargent	9	Grygla-Gatzk	16-03.00

Girls Discus Throw

Name	Yr	School	Finals
Finals			
1 Deborah Haugen	12	West Marshal	105-11 10
2 Brita Fagerlund	12	Crookston	105-09 8
3 Harley Barlow	12	Crookston	102-01 6
4 Faith Porter	10	West Marshal	100-02 5
5 Ellie Vonesh	12	East Grand F	96-09 3.5
5 Mckayla Christianson	11	Roseau	96-09 3.5
7 Matty Urbaniak	10	West Marshal	81-10 2
8 Jolene Nelson	12	BGMR/Freeze	80-06 1
9 Alexis Green	12	East Grand F	73-07
9 Sami Learn	12	Crookston	73-07
11 Maggie Crossin	11	Roseau	71-06
12 Layla Jelle	9	Grygla-Gatzk	67-03
13 Hollie Knott	8	Red Lake Cou	66-05
14 Madison Derosier	11	Red Lake Cou	63-03
15 Karina Fredrickson	11	Roseau	62-03

Section 8A Subsection 31 - 5/25/2017

Track and Field Championship
Roseau High School

Results

Finals ... (Girls Discus Throw)

Name	Yr	School	Finals
16 Katie Rarick	11	Fisher	57-06
17 Katelyn Crowe	12	Warroad	57-00
18 Valla O'Laughlin	10	Warroad	56-04
19 Montana Knoll	9	Kittson-Cent	49-03
20 Shayle Turner	9	Warroad	48-01
21 Nicole Geisser	12	BGMR/Freeze	44-11
21 Shayla Lallier	11	Red Lake Cou	44-11
--- Leo Bring	7	BGMR/Freeze	ND
--- Shelby Wesolowski	9	East Grand F	ND

Boys 100 Meter Dash

Name	Yr	School	Finals
1 Mason Wang	11	Crookston	11.58 10
2 Ben Olson	8	Roseau	12.09 8
3 Jackson Galstad	10	East Grand F	12.14 6
4 Koby Phongsavath	10	Warroad	12.34 5
5 Jonah Provance	11	Roseau	12.43 4
6 Reese Radi	10	Fisher	12.52 3
7 Elliot Olson	12	Roseau	12.58 2
8 Maguire Stanislawski	10	East Grand F	12.66 1
9 Moses Jensen	8	Grygla-Gatzk	12.81
9 Bill White	10	Fisher	12.81
11 Mason Bring	9	BGMR/Freeze	12.83
12 Tanner Foss	11	BGMR/Freeze	12.99
13 Veashein Philajack	7	Warroad	13.03
14 Isaiah Barlow	9	Crookston	13.12
15 Tobias Leprell	11	West Marshal	13.22
16 Shaun Nelson	10	Crookston	13.36
17 Eric Camacho	10	Red Lake Cou	13.44
18 Calvin Keomany	9	Warroad	13.71
19 Ethan Langerud	11	East Grand F	13.96
20 Britain Arlt	9	Red Lake Cou	14.09
21 Andrew Mathison	11	Fisher	14.10
22 Felix Jensen	9	Grygla-Gatzk	14.14
23 Koby Johnson	10	West Marshal	14.21
--- Josh Koehmstedt	12	BGMR/Freeze	NT
--- Erich Rittmann	10	West Marshal	NT
--- Jake Olson	8	Grygla-Gatzk	NT

Boys 200 Meter Dash

Name	Yr	School	Finals
1 Mason Wang	11	Crookston	23.50 10
2 Dylan Cain	11	Warroad	23.96 8
3 Casey Kallock	11	East Grand F	24.25 6
4 Willy George	12	Warroad	24.84 5
5 Ben Olson	8	Roseau	24.93 4
6 Noah Kiel	8	Crookston	25.87 3
7 Reese Radi	10	Fisher	25.89 2
8 Walker Blank	10	BGMR/Freeze	25.90 1
9 Lukas Meier	10	Crookston	25.98
10 Adam Sorenson	11	Fisher	26.24

11 Maguire Stanislawski	10	East Grand F	26.25
12 Nels Braaten	11	Roseau	26.39
13 Jeremiah Bender	8	Roseau	26.80
14 Moses Jensen	8	Grygla-Gatzk	27.11
15 Colton Olson	10	Warroad	27.13
16 Tanner Foss	11	BGMR/Freeze	27.16
17 Thomas Pietruszewski	9	West Marshal	27.62
18 Hudson McMillin	9	Grygla-Gatzk	27.83
19 Joshua Nelson	9	East Grand F	28.66
20 Britain Arlt	9	Red Lake Cou	29.52
21 Andrew Mathison	11	Fisher	29.65
22 Eric Camacho	10	Red Lake Cou	30.56
23 Koby Johnson	10	West Marshal	31.12
24 Erich Rittmann	10	West Marshal	31.58
25 Andrew Jones	10	Grygla-Gatzk	32.22
26 Lane Renner	9	Red Lake Cou	33.31

Boys 400 Meter Dash

Name	Yr	School	Finals
1 Austin Clifton	12	East Grand F	52.48 10
2 Dylan Cain	11	Warroad	53.01 8
3 Marcus Crayton	9	Fisher	53.57 6
4 Blake Moen	8	East Grand F	53.68 5
5 Luke Tangen	10	Roseau	55.64 4
6 Adam Sorenson	11	Fisher	56.67 3
7 Ryan Swenson	12	Crookston	58.20 2
8 Mateus F.c. leite	12	Roseau	59.51 1
9 Evan Grove	9	Warroad	1:00.17
10 Colton Weiland	11	Crookston	1:00.78
11 Ryan Peterson	10	West Marshal	1:00.96
12 Ryden Jacobson	11	Roseau	1:01.01
13 Chris Kazmierczak	10	Crookston	1:01.65
14 Thomas Pietruszewski	9	West Marshal	1:03.51
15 Joshua Nelson	9	East Grand F	1:04.56
16 Aaron Jones	10	Grygla-Gatzk	1:04.91
17 Britain Arlt	9	Red Lake Cou	1:05.38
18 Eric Camacho	10	Red Lake Cou	1:07.58
19 Felix Jensen	9	Grygla-Gatzk	1:08.70
20 Jared Haack	8	Grygla-Gatzk	1:16.54
21 Brody Moen	8	Red Lake Cou	1:17.29

Boys 800 Meter Run

Name	Yr	School	Finals
1 Zach Heppner	11	Warroad	2:12.21 10
2 Chris Longtin	9	Red Lake Cou	2:14.43 8
3 Ben Regorrah	12	East Grand F	2:16.53 6
4 Jaden Lubarski	10	Crookston	2:21.25 5
5 Joseph Magnusson	12	Roseau	2:21.89 4
6 Erick Laznicka	10	Roseau	2:24.04 3
7 Mohamad Yusuf	10	East Grand F	2:24.10 2
8 Trey Nichols	8	BGMR/Freeze	2:24.73 1
9 Collin Porter	10	East Grand F	2:26.83
10 Jacob Zacha	9	West Marshal	2:29.21

Section 8A Subsection 31 - 5/25/2017

Track and Field Championship
Roseau High School

Results

Finals ... (Boys 800 Meter Run)

Name	Yr	School	Finals
11 Cameron Weiland	8	Crookston	2:36.02
--- Anthony Borges	12	Crookston	SCR

Boys 1600 Meter Run

Name	Yr	School	Finals
1 Cole Nowacki	9	East Grand F	4:45.18 10
2 Zach Heppner	11	Warroad	4:50.51 8
3 Aaron Springer	12	Fisher	4:58.17 6
4 Ben Brantner	9	Crookston	4:59.74 5
5 Chris Longtin	9	Red Lake Cou	5:02.18 4
6 Kyle Erickson	9	Roseau	5:08.05 3
7 Ben Regorrah	12	East Grand F	5:10.98 2
8 Zak Anderson	11	BGMR/Freeze	5:11.53 1
9 Tyson Mahar	8	East Grand F	5:12.32
10 Collin Walsh	8	BGMR/Freeze	5:19.91
11 Erick Laznicka	10	Roseau	5:20.52
12 David Nelson	8	Roseau	5:22.25
13 James Pederson	8	West Marshal	5:23.01
14 Austin Szczepanski	11	West Marshal	5:29.75
15 Logan Youngstrand	7	BGMR/Freeze	5:39.09
16 Karsten Isaacson	8	Crookston	5:44.51
17 Cameron Weiland	8	Crookston	5:48.28
18 Victor Anselmo	10	Warroad	5:50.88
19 William Johnson	8	Warroad	5:59.04

Boys 3200 Meter Run

Name	Yr	School	Finals
1 Ben Andringa	9	Crookston	10:32.60 10
2 Brett Erickson	11	Roseau	10:36.16 8
3 Cole Nowacki	9	East Grand F	10:43.90 6
4 Aaron Springer	12	Fisher	10:47.31 5
5 Ian Medicraft	12	Roseau	10:56.87 4
6 Hayden Reitmeier	9	Fisher	11:24.07 3
7 Tyson Mahar	8	East Grand F	11:25.54 2
8 Winston Novacek	10	Roseau	11:28.61 1
9 Sakariye Ismail	10	East Grand F	11:50.20
10 Riley Clausen	7	West Marshal	12:08.46
11 Luke Hruby	7	Warroad	12:29.48
12 Owen Marvin	10	Warroad	12:33.03
13 Damian Navraez	10	Crookston	12:50.98

Boys 110 Meter Hurdles

Name	Yr	School	Finals
1 Tom Gryskiewicz	12	West Marshal	16.31 10
2 Ellert Adamek	11	BGMR/Freeze	16.32 8
3 Gabe Gracza	11	Roseau	17.02 6
4 Wyatt Hamre	11	West Marshal	18.92 5
5 Tyler Estabrook	10	West Marshal	18.99 4
6 Weston Bring	10	BGMR/Freeze	19.04 3
7 Rudy Juarez	10	East Grand F	19.47 2

8 Noah Abrahamson	12	Roseau	19.68 1
9 Nick Danielson	12	Roseau	23.22

Boys 300 Meter Hurdles

Name	Yr	School	Finals
1 Ellert Adamek	11	BGMR/Freeze	42.86 10
2 Gabe Gracza	11	Roseau	43.50 8
3 Cade Salentine	11	Crookston	44.53 6
4 Wyatt Hamre	11	West Marshal	45.76 5
5 Weston Bring	10	BGMR/Freeze	46.06 4
6 Tyler Estabrook	10	West Marshal	48.83 3
7 Elliot Olson	12	Roseau	48.84 2
8 Colton Dauksavage	9	East Grand F	49.11 1
9 Zach Fevold	11	Roseau	49.98
10 Rudy Juarez	10	East Grand F	51.19
11 Zach McGlynn	8	West Marshal	52.86
12 Carter Vasek	7	East Grand F	53.00
13 Logan Waage	10	BGMR/Freeze	53.54
14 Elijah Laduke	7	Warroad	58.83
15 Luke Hruby	7	Warroad	58.96

Boys 4x100 Meter Relay

Team	Relay	Finals
1 West Marshall		46.51 10
1) Isaac Durand 10	2) Tom Gryskiewicz 12	
3) Jordan Anderson 11	4) Matthew Korynta 12	
2 Crookston		48.15 8
1) Cade Salentine 11	2) Lukas Meier 10	
3) Noah Kiel 8	4) Anthony Borges 12	
3 Roseau		48.38 6
1) Noah Abrahamson 12	2) Elliot Olson 12	
3) Jacob LePard 12	4) Jonah Provance 11	
4 East Grand Forks		50.02 5
1) Maguire Stanislawski 10	2) Bobby Jorde 8	
3) Colton Dauksavage 9	4) Carter Vasek 7	
5 BGMR/Freeze		50.40 4
1) Walker Blank 10	2) Gonzalo Bodemer 10	
3) Logan Waage 10	4) Tanner Foss 11	
6 Warroad		50.50 3
1) Andrew Phosy 10	2) Willy George 12	
3) Koby Phongsavath 10	4) Veashein Philajack 7	
7 Grygla-Gatzke		51.05 2
1) Jaden Kiesow 10	2) Hudson McMillin 9	
3) Ben Groven 11	4) Moses Jensen 8	

Boys 4x200 Meter Relay

Team	Relay	Finals
1 East Grand Forks		1:35.68 10
1) Casey Kallock 11	2) Blake Moen 8	
3) Jackson Galstad 10	4) Austin Clifton 12	

Section 8A Subsection 31 - 5/25/2017

Track and Field Championship

Roseau High School

Results

Finals ... (Boys 4x200 Meter Relay)

Team	Relay	Finals
2 Crookston		1:36.31 8
1) Cade Salentine 11	2) Lukas Meier 10	
3) Noah Kiel 8	4) Mason Wang 11	
3 Roseau		1:40.80 6
1) Luke Tangen 10	2) Jacob LePard 12	
3) Jeremiah Bender 8	4) Jonah Provance 11	
4 BGMR/Freeze		1:42.92 5
1) Zak Anderson 11	2) Mason Bring 9	
3) Ellert Adamek 11	4) Walker Blank 10	
--- West Marshall		DQ
1) Isaac Durand 10	2) Tom Gryskiewicz 12	
3) Jordan Anderson 11	4) Matthew Korynta 12	
--- Warroad		DQ
1) Andrew Phosy 10	2) Veashein Philajack 7	
3) Koby Phongsavath 10	4) Willy George 12	

Boys 4x400 Meter Relay

Team	Relay	Finals
1 East Grand Forks		3:38.40 10
1) Casey Kallock 11	2) Blake Moen 8	
3) Jackson Galstad 20	4) Austin Clifton 12	
2 Roseau		3:44.90 8
1) Jeremiah Bender 8	2) Ben Olson 8	
3) Brett Erickson 11	4) Luke Tangen 10	
3 Warroad		3:47.76 6
1) Andrew Phosy 10	2) Davis Tran 12	
3) Dylan Cain 11	4) Zach Heppner 11	
4 Fisher		3:57.16 5
1) Marcus Crayton 9	2) Hayden Reitmeier 9	
3) Adam Sorenson 11	4) Aaron Springer 12	
5 Crookston		4:07.14 4
1) Ryan Swenson 12	2) Colton Weiland 11	
3) Chris Kazmierczak 10	4) Isaiah Barlow 9	
6 BGMR/Freeze		4:12.44 3
1) Logan Waage 10	2) Trey Nichols 8	
3) Collin Walsh 8	4) Logan Youngstrand 7	
7 West Marshall		4:17.74 2
1) Thomas Pietruszewski 9	2) Ryan Peterson 10	
3) James Pederson 8	4) Jacob Zacha 9	

Boys 4x800 Meter Relay

Team	Relay	Finals
1 Crookston		8:51.91 10
1) Jaden Lubarski 10	2) Colton Weiland 11	
3) Ryan Swenson 12	4) Ben Andringa 9	
2 Roseau		8:52.55 8
1) Brett Erickson 11	2) Joseph Magnusson 12	
3) Ian Medicraft 12	4) Winston Novacek 10	
3 East Grand Forks		9:48.94 6
1) Collin Porter 10	2) Sakariye Ismail 10	
3) Mohamud Yusuf 10	4) Joshua Nelson 9	

4 BGMR/Freeze		9:48.94 5
1) Logan Youngstrand 7	2) Trey Nichols 8	
3) Collin Walsh 8	4) Hunter Rud 9	
5 West Marshall		9:50.62 4
1) James Pederson 8	2) Jacob Zacha 9	
3) Riley Clausen 7	4) Austin Szczepanski 11	
6 Warroad		10:28.48 3
1) Victor Anselmo 10	2) Owen Marvin 10	
3) Jarom Musgrove 12	4) Jacob Davis 9	

Boys High Jump

Name	Yr	School	Finals
1 Jacob LePard	12	Roseau	5-11.00 10
2 Chris McGlynn	12	West Marshal	5-09.00 8
3 Isaac Durand	10	West Marshal	5-07.00 6
4 Adam LePard	10	Roseau	5-05.00 5
5 Ryden Jacobson	11	Roseau	5-05.00 3.5
5 Ben Groven	11	Grygla-Gatzk	5-05.00 3.5
7 Wyatt Bannerman	12	BGMR/Freeze	5-05.00 2
8 Colton Dauksavage	9	East Grand F	5-05.00 1
9 Zach McGlynn	8	West Marshal	5-01.00
--- Karsten Isaacson	8	Crookston	NH
--- Jarom Musgrove	12	Warroad	NH
--- Ellert Adamek	11	BGMR/Freeze	NH
--- Weston Bring	10	BGMR/Freeze	NH

Boys Pole Vault

Name	Yr	School	Finals
1 Chris McGlynn	12	West Marshal	14-00.00 10
2 Lukas Meier	10	Crookston	12-03.00 8
3 Gabe Gracza	11	Roseau	11-09.00 6
4 Nels Braaten	11	Roseau	10-09.00 4.5
4 Mason Bring	9	BGMR/Freeze	10-09.00 4.5
6 Nathan Kotts	10	West Marshal	9-09.00 3
7 Ryan Peterson	10	West Marshal	9-03.00 2
8 Micah Krahn	11	Roseau	9-03.00 1
9 Weston Bring	10	BGMR/Freeze	8-09.00
10 Rudy Juarez	10	East Grand F	8-03.00
--- Josh Koehmstedt	12	BGMR/Freeze	NH
--- Owen Marvin	10	Warroad	NH
--- Victor Anselmo	10	Warroad	NH

Boys Long Jump

Name	Yr	School	Finals
1 Jacob LePard	12	Roseau	21-01.50 10
2 Matthew Korynta	12	West Marshal	20-00.00 8
3 Isaac Durand	10	West Marshal	19-00.50 6
4 Koby Phongsavath	10	Warroad	18-02.00 5
5 Jeremiah Bender	8	Roseau	18-00.00 4
6 Cade Salentine	11	Crookston	17-07.75 3
7 Colton Dauksavage	9	East Grand F	17-06.50 2
8 Jaden Kiesow	10	Grygla-Gatzk	17-05.75 1

Section 8A Subsection 31 - 5/25/2017

Track and Field Championship

Roseau High School

Results

Finals ... (Boys Long Jump)

Name	Yr	School	Finals
9 Joseph Magnusson	12	Roseau	16-10.00
10 Bobby Jorde	8	East Grand F	16-07.00
11 Veashein Philajack	7	Warroad	16-03.00
12 Tanner Foss	11	BGMR/Freeze	16-02.50
13 Chris Longtin	9	Red Lake Cou	16-01.00
14 Daniel Lee	9	Warroad	16-00.00
15 Ryan Swenson	12	Crookston	15-04.75
16 Colton Weiland	11	Crookston	15-02.75
17 Eric Camacho	10	Red Lake Cou	14-05.00
18 Brody Moen	8	Red Lake Cou	12-03.00

Boys Triple Jump

Name	Yr	School	Finals
1 Matthew Korynta	12	West Marshal	41-07.50 10
2 Zak Anderson	11	BGMR/Freeze	39-06.00 8
3 Joseph Magnusson	12	Roseau	38-04.00 6
4 Jaden Kiesow	10	Grygla-Gatzk	37-08.00 5
5 Wyatt Bannerman	12	BGMR/Freeze	36-10.00 4
6 Isaiah Barlow	9	Crookston	36-03.50 3
7 Nathan Kotts	10	West Marshal	35-11.50 2
8 Mason Wang	11	Crookston	35-09.75 1
9 Bobby Jorde	8	East Grand F	34-03.50
10 Ryan Peterson	10	West Marshal	33-03.00
11 Noah Kiel	8	Crookston	32-08.25
12 Ian Medicraft	12	Roseau	32-06.00
13 Nels Braaten	11	Roseau	32-01.50
14 Evan Grove	9	Warroad	31-04.00
15 Jarom Musgrove	12	Warroad	30-01.00
16 Hudson McMillin	9	Grygla-Gatzk	29-08.00
17 Jake Olson	8	Grygla-Gatzk	29-04.25
--- Samuel Simmons	10	Fisher	ND

Boys Shot Put

Name	Yr	School	Finals
1 Hunter Roseborough	11	Roseau	45-01.25 10
2 Luke Vonesh	10	East Grand F	43-00.00 8
3 Conner Jensen	12	West Marshal	41-10.00 6
4 Willy George	12	Warroad	40-01.50 5
5 Grant Bergh	11	West Marshal	39-11.75 4
6 Chase Olderbak	10	East Grand F	39-03.50 3
7 Jacob Lindemann	10	Roseau	39-03.25 2
8 Walker Blank	10	BGMR/Freeze	37-03.50 1
9 Anthony Loken	10	Grygla-Gatzk	36-11.00
10 Isaiah Bartels	11	Fisher	35-08.50
11 Myles Smith	9	Fisher	35-02.50
12 Brandon Stanley	11	Grygla-Gatzk	34-11.00
13 Jake Wagner	11	Crookston	34-07.00
14 Jacob Davis	9	Warroad	34-05.50
15 Lucian Tinnes	10	Grygla-Gatzk	33-08.25
16 Austin Gehrls	10	West Marshal	33-05.50
17 Nick Pahlen	11	Red Lake Cou	33-00.75

18 Gonzalo Bodemer	10	BGMR/Freeze	31-01.00
19 Matthew Richards	10	Warroad	29-03.00
20 Kyle Bliss	10	Roseau	29-00.50
21 Logan Bergquist	9	Fisher	26-09.50
22 Lane Renner	9	Red Lake Cou	23-06.25
--- Pierre Piche	12	East Grand F	ND
--- Nolan Bushee	11	Red Lake Cou	ND

Boys Discus Throw

Name	Yr	School	Finals
1 Jacob Lindemann	10	Roseau	122-04 10
2 Hunter Roseborough	11	Roseau	112-10 8
3 Zachary Cameron	12	Fisher	112-06 6
4 Chase Olderbak	10	East Grand F	112-01 5
5 Luke Vonesh	10	East Grand F	109-03 4
6 Conner Jensen	12	West Marshal	100-11 3
7 Myles Smith	9	Fisher	99-05 2
8 Brandon Stanley	11	Grygla-Gatzk	97-04 1
9 Austin Gehrls	10	West Marshal	96-11
10 Anthony Loken	10	Grygla-Gatzk	95-05
11 Jayden Knutson	10	Warroad	95-04
12 Lucian Tinnes	10	Grygla-Gatzk	92-05
13 Austin Hoff	11	West Marshal	89-04
14 Jake Wagner	11	Crookston	85-10
15 Isaiah Bartels	11	Fisher	84-01
16 Jacob Davis	9	Warroad	81-11
17 Matthew Richards	10	Warroad	79-06
18 Nick Pahlen	11	Red Lake Cou	71-09
19 Lane Renner	9	Red Lake Cou	63-06
20 Teagon Morrison	11	Roseau	63-02
--- Nolan Bushee	11	Red Lake Cou	ND

Women - Team Rankings - 18 Events Scored

1) Roseau	150.5
2) West Marshall	131.5
3) Crookston	126
4) East Grand Forks	87.5
5) Warroad	74
6) Red Lake County	69
7) Kittson-Central	27
8) Fisher	17.5
9) BGMR/Freeze	15
10) Grygla-Gatzke	1

Men - Team Rankings - 18 Events Scored

1) Roseau	171
2) East Grand Forks	113
3) West Marshall	111
4) Crookston	96
5) Warroad	66
6) BGMR/Freeze	64.5
7) Fisher	41
8) Grygla-Gatzke	12.5
9) Red Lake County	12